



## CLASS SCHEDULE

Effective 1/1/2021

Call (410) 432-2970 or visit [www.MISSIONTKD.com](http://www.MISSIONTKD.com) to Register  
 1244 Ritchie Hwy. Suite 3 Arnold, MD

Class (Age)	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Little Ninjas (3-5)	11:30am*		4:30pm		4:30pm	9:00am
Gym Ninjas (6+)	11:30am*	4:30pm	4:30pm	4:30pm		9:00am
TKD Beg. (5+)	5:45pm	4:30pm	5:45pm	4:30pm		10:15am 11:30am*
TKD Inter. (6+)	4:30pm	5:45pm	7:00pm	5:45pm	5:45pm*	11:30am*
TKD Black Belt		7:00pm			5:45pm*	
Champs Boxing (6+)	4:30pm			5:45pm	4:30pm	
Muay Thai (13+)	5:45pm	5:45pm			5:45pm	10:15am
Boxing (16+)		7:00pm		7:00pm		
Zumba (13+)	7:00pm				7:00pm	
Fight Fit (13+)		11:45am		11:45am		

\*=Combo/Multi-Level Classes/Special